



May 2020

THE COMPASSION CARE CLASSIC

A project by the Hospice of Windsor & Essex County

OUTREACH FOR SENIORS – Windsor-Essex Seniors Call Assurance Program through United Way has been successfully supporting seniors (55 and older) in need. In addition to conducting regular check-ins with all our WECCC members, the WECCC team is supporting 9 seniors through the assurance program with regular check-ins and community resources. WECCC volunteers are making 10 calls a week to seniors who are eager to receive some information, assurance, comfort, and care from our compassionate team. The goals have been connecting seniors to resources in the community including grocery assistance, ways to stay involved during covid-19, virtual programming and providing a friendly conversation. For more information about WECCC call 519-974-2581 ext. 2420. For the assurance program call the number below.



CREATING BETTER CONNECTIONS FOR INTERNATIONAL WORKERS - WECCC has a new partnership with the Community Assistance Resource Education for International Workers. This group provides free services and monthly community information sessions to international workers. The group includes the Windsor-Essex Community Health Centre, Consultorio Juridico Billingue, SRE Secretaria De Relaciones Exteriores, The Metta Collective, Migrant Worker Community Program and now WECCC! What this means for international workers is that they will enjoy the benefits of learning about the importance of being connected, having access to the Neighbours Survey in Spanish and working with volunteers to improve their quality of life. This partnership is extremely important to ensure that this underserved community of International Workers are well supported in all areas, welcomed and integrated as contributing members of the communities that they live in.

EXTRA RESOURCES FOR MEMBERS AND SENIORS – The “Seniors needing Necessities during Coronavirus” Facebook page has been a great resource for clients of the Windsor-Essex Compassion Care Community. This page is dedicated to making life comfortable for our Cities most vulnerable...our seniors! You can learn more by reading the Windsor Star at <https://windsorstar.com/news/local-news/social-media-used-to-connect-those-in-need-during-covid-19-pandemic/>

WINDSOR STAR

Local News

Social media used to connect those in need during COVID-19 pandemic

Julie Kotsis • Windsor Star
March 17, 2020 • 3 minute read



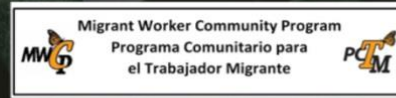
HOSPICE LIFE WALK – Hospice is hosting its fundraiser online! Participants are encouraged to choose their own personal exercise challenges to complete during the month of June- while raising funds so that Hospice programs & services are at no cost to residents and their families. Visit the following links to support:

[Join Team Heart & Soul](#) (Supporting the Windsor Residential Home)

[Join The Hospice Huggers](#) (Supporting the Erie Shores Residential Home)



C.A.R.E para Trabajadores Migrantes



Volunteers Wanted – To support our international workers, WECC is seeking caring volunteers who have an interest in supporting our international workers to feel welcome, safe and part of the community. We need volunteers who speak fluent Spanish and French. There may be other language fluencies needed as well. Volunteers will be trained and provided with a report based on the needs of individual international workers. Volunteers will then use the report to assist the international worker to determine resources they need in the community and then work with the international workers to receive support to meet their needs. In some cases, the volunteers would act as an ongoing support to the international worker.



C.A.R.E.
for International Workers



Neuroscience Says Doing This 1 Thing Makes You Just as Happy as Eating 2,000 Chocolate Bars.
What is it?



A Smile



Smiling actually prompts your brain to produce feel-good hormones!

Smiling helps you to be seen in a positive light from the persons seeing your smile too!

Now in the days of COVID 19 – wearing masks – we can't see smiles – but we can see **smiling eyes** – look for them and give and make note of **positive nods**!

Have a happy day and smile for yourself and others!

Health Tapestry is on hold right now as everyone is trying to navigate the current Covid19 situation. This means no home visits for clients and no 12-month surveys, as some of the questions are no longer relevant. Instead, dedicated Coordinators are calling clients to check in more informally. This includes connecting with each client to find out how they are managing, discussing the supports they have in place and connecting them with programs in the community when appropriate.



HEALTH TAPESTRY